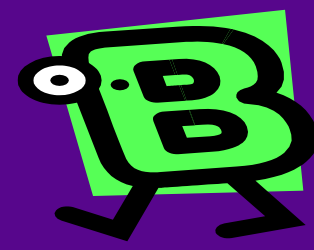




ZZZZZZ



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Fresh Baked Cookies!





April 4月 2019



SUN	MON	TUE	WED	THU	FRI	SAT
	1 9:30 EPI Student Visit - TEA 11:00 Rajio Taiso - TMP 1:00 Food Meeting w/Vera - ACT 2:00 Dowo & Doyo w/Noriko - TMP 3:00 Sketch w/Sara - TEA 5:30 Movie/TV Show - TV	2 9:45 Tai Chi w/Gail- ACT 11:00 Yoga w/Robin - TMP 2:00 Bingo Bonanza - TEA 3:00 Animal of the Month -TEA 5:30 Movie /TV Show - TV	3 9:30 Knitting - TEA 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan-TMP 3:00 Black Jack - TEA 5:30 Movie/TV Show - TV	4 9:15 Catholic Service - TEA 10:00 Brain Game - TEA 11:00 Stretch Bands w/Dick - TMP 2:00 Tom's Cabaret Hour - TMP 3:00 Uno Card - TEA 5:30 Movie/TV Show - TV	5 9:30 Amy's Craft Time -TEA 11:00 Strength Train w/Dick-TMP 1:30 Massage w/Aida - ACT 3:00 Activity Meeting - TEA 5:30 Movie/TV Show - TV	6 10:00 SPCA Visit - LOB 11:00 Exercise w/Res Asst.-TMP 2:00 News & Taiga Drama -TV 3:00 Balloon Fun - LOB 5:30 Movie/TV Show - TV
7 10:00 SPCA Visit - LOB 11:00 Exercise w/Resident Asst-TMP 1:30 DVD Matinee - TV 3:00 Ball Fun - LOB 5:30 Movie/TV Show - TV	8 9:30 Calligraphy w/Emiko - TEA 11:00 Rajio Taiso - TMP 2:00 Dowo & Doyo w/Noriko - TMP 3:00 Sketch w/Sara - TEA 5:30 Movie/TV Show - TV	9 9:45 Tai Chi w/Gail- ACT 11:00 Yoga w/Robin - TMP 2:00 Bingo Bonanza - TEA 3:00 Coloring - TEA 5:30 Movie /TV Show - TV	10 10:00 Resident Council Meeting - TEA 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan-TMP 3:00 JARF Visit - ACT 5:30 Movie/TV Show - TV	11 9:15 Catholic Service - TEA 10:00 Buddhist Service w/Jerry - ACT 11:00 Stretch Bands w/Dick - TMP 12:00 JUNTOS Dancers - TMP 2:00 Johnny's Cooking Creations - TEA 3:30 Chat w/Naoko - TEA 5:30 Movie/TV Show - TV 5:30	12 10:00 Carpet Bowling - ACT 11:00 Strength Train w/Dick-TMP 1:00 Tea Ceremony w/Sunny-ACT 2:00 Manicure w/Emiko - TEA 3:00 Shall We Dance w/Jack - TMP 5:30 Movie/TV Show - TV	13 10:00 TV Japan: Talk-Show - TV 11:00 Exercise w/Res Asst.-TMP 12:00 Songs of Japanese Spirit -TV 2:00 TV Japan: News & Taiga Drama -TV 3:00 Balloon Fun - LOB 5:30 Movie/TV Show - TV
14 10:00 Nodojiman - TV 11:00 Exercise w/Resident Asst-TMP 1:00 Stay Tuned w/Jimmy - LOB 1:30 DVD Matinee - TV 3:00 Ball Fun - LOB 5:30 Movie/TV Show - TV	15 10:00 Brain Game - TEA 11:15 Arm-Chair Aerobics w/Kaeko - TMP 1:00 Kiitemoraitai Chorus- TMP 3:00 Sketch w/Sara - TEA 5:30 Movie/TV Show - TV	16 9:45 Tai Chi w/Gail- ACT 11:00 Yoga w/Robin - TMP 2:00 Bingo Bonanza - TEA 3:00 Calligraphy & Laughter w/ Reverend Kawahatsu - TEA 5:30 Movie /TV Show - TV	17 10:30 Monthly Bus Trip 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan-TMP 3:00 Coloring - TEA 5:30 Movie/TV Show - TV	18 9:15 Catholic Service - TEA 10:00 Black Jack w/Claire - ACT 11:00 Stretch Bands w/Dick - TMP 2:00 Tom's Cabaret Hour - TMP 3:30 Gate Ball - ACT 5:30 Movie/TV Show - TV	19 * Good Friday * 10:00 Carpet Bowling - ACT 11:00 Strength Train w/Dick-TMP 1:30 Massage w/Aida - ACT 3:00 Card Games - TEA 5:30 Movie/TV Show - TV	20 10:00 TV Japan: Talk-Show - TV 11:00 Exercise w/Res Asst.-TMP 12:00 Songs of Japanese Spirit -TV 2:00 TV Japan: News & Taiga Drama -TV 3:00 Piano Pleasures w/Cecilia - TMP 5:30 Movie/TV Show - TV
21 * Easter * 10:00 Nodojiman - TV 11:00 Exercise w/Resident Asst-TMP 1:30 DVD Matinee - TV 3:00 Ball Fun - LOB 5:30 Movie/TV Show - TV	22 * Earth Day * 9:30 Calligraphy w/Emiko - TEA 11:00 Rajio Taiso - TMP 2:00 Dowo & Doyo w/Noriko - TMP 3:00 Sketch w/Sara - TEA 5:30 Movie/TV Show - TV	23 9:45 Tai Chi w/Gail- ACT 11:00 Yoga w/Robin - TMP 2:00 Bingo Bonanza - TEA 3:00 Brain Game - TEA 5:30 Movie /TV Show - TV	24 9:30 Knitting - TEA 11:00 Dynamic Balance & Active Stability w/Dick - TMP 1:30 Sing-along w/Peko-chan-TMP 3:00 Chikako's Charmings - TEA 5:30 Movie/TV Show - TV	25 9:15 Catholic Service - TEA 10:00 Black Jack w/Claire - TEA 11:00 Stretch Bands w/Dick - TMP 1:00 Tea Ceremony w/Sunny - ACT 2:00 Garden Club - CYD 3:00 Japanese Card Games - TEA 5:30 Movie/TV Show - TV	26 10:00 Carpet Bowling - ACT 11:00 Strength Train w/Dick-TMP 2:00 Manicure w/Emiko - TEA 3:00 Travelogue w/Jack - TMP 5:30 Movie/TV Show - TV	27 10:30 TV Japan: Talk-Show - TV 11:00 Exercise w/Res Asst.-TMP 1:30 Minyo & Shamisen w/Yamabata - TMP 3:00 Balloon Fun- LOB 5:30 Movie/TV Show - TV
28 10:00 Nodojiman - TV 11:00 Exercise w/Resident Asst-TMP 1:30 DVD Matinee - TV 3:00 Ball Fun - LOB 5:30 Movie/TV Show - TV	29 9:30 Calligraphy w/Emiko - TEA 11:15 Arm-Chair Aerobics w/Kaeko - TMP 2:00 Dowo & Doyo w/Noriko - TMP 3:00 Sketch w/Sara - TEA 5:30 Movie/TV Show - TV	30 9:45 Tai Chi w/Gail- ACT 11:00 Yoga w/Robin - TMP 2:00 Bingo Bonanza - TEA 3:00 Calendar Making - TEA 5:30 Movie /TV Show - TV				



Daily Escorted Walks

9:00AM & 1:30PM



Catholic Communion with Deacon Sandoval
Each Thursday - 9:15am
4th Floor - Tea Area
ALL FAITHS are WELCOME !

Location Key:

- TEA - Tea Area (4th Fl.)
- ACT - Activity Area (4th Fl.)
- CYD - Courtyard
- TMP - Temple/Dining
- LOB - Lobby

NOTE:

ACTIVITIES ARE SUBJECT TO CHANGE

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