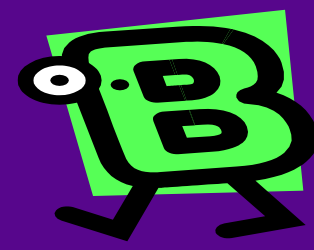




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february 2月 2018

SUN MON TUE WED THU FRI SAT



10:00 Activity Meeting - TEA
11:00 Stretch Bands w/Dick - TMP
2:00 Cabaret Hour w/Tom - TMP
3:00 Black Jack - TEA
5:30 Movie/TV Show - TV

9:30 Amy's Craft Time -TEA
11:00 Strength Train w/Dick-TMP
1:30 Massage w/Aida - ACT
3:00 Setsubun Activity -TV
5:30 Movie/TV Show - TV

10:00 TV Japan: Talk Show - TV
11:00 Exercise w/Res Asst.-TMP
2:00 DVD Request - TV
3:00 Balloon Fun- LOB
5:30 Movie/TV Show - TV

4
10:00 SPCA Visit - LOB
11:00 Exercise w/Resident Asst-TMP
2:00 DVD Request - TV
3:00 Balloon Fun - LOB
5:30 Movie/TV Show - TV

5
9:30 Calligraphy w/Emiko - TEA
11:00 Senior Fitness - TMP
1:00 Food Meeting w/Roddy - ACT
2:00 Dowa & Doyo w/Noriko - TMP
3:00 Coloring - TEA
5:30 Movie/TV Show - TV

6
9:45 Tai Chi w/Gail- ACT
11:00 Rajio Taiso/Exercise - TMP
2:00 Bingo Bonanza - TEA
3:00 Coloring - TEA
5:30 Movie/TV Show - TV

7
10:00 Coloring - TEA
11:00 Dynamic Balance & Active Stability w/Dick - TMP
1:30 Sing-Along w/Peko-chan-TMP
3:00 Yoko's Yokoso - TEA
5:30 Movie/TV Show - TV

8
10:00 Buddhist Service w/Jerry-ACT
11:00 Stretch Bands w/Dick - TMP
1:00 Tea Ceremony w/Sunny - ACT
3:00 ABC Game - TEA
5:30 Movie/TV Show - TV

9
10:00 Carpet Bowling - ACT
11:00 Strength Train w/Dick-TMP
2:00 Manicure w/Emiko - TEA
3:00 Coloring - TEA
5:30 Movie/TV Show - TV

10
10:00 TV Japan: Talk Show - TV
11:00 Exercise w/Res Asst.-TMP
2:00 MeTV: Bonanza - TV
3:00 Balloon Fun- LOB
5:30 Movie/TV Show - TV

11
10:00 SPCA Visit - LOB
11:00 Exercise w/Resident Asst-TMP
1:30 Girl Scouts Visit/Activity-TEA
3:00 Balloon Fun - LOB
5:30 Movie/TV Show - TV

12
10:00 Songs of School Days - LOB
11:00 Arm-Chair Aerobics w/Kaeko - TMP
2:00 Dowa & Doyo w/ Noriko- TMP
3:00 Sketch w/Sara - TEA
5:30 Movie/TV Show - TV

13
9:45 Tai Chi w/Gail- ACT
11:00 Rajio Taiso/Exercise - TMP
2:00 Bingo Bonanza - TEA
3:00 Calligraphy & Laughter w/ Rev. Kawahatsu - TEA
5:30 Movie/TV Show - TV

14
10:00 Resident Council Meeting - TEA
11:00 Dynamic Balance & Active Stability w/Dick - TMP
1:30 Sing-along w/Peko-chan -TMP
3:00 Valentine Craft -TEA
5:30 Movie/TV Show - TV

15
10:00 Easy Origami - TEA
11:00 Stretch Bands w/Dick - TMP
2:00 Japanese Odori Performance w/Fujimoto-sensei - TMP
3:30 Chat with Kirk - TEA
5:30 Movie/TV Show - TV

16
10:00 Carpet Bowling - ACT
11:00 Strength Train w/Dick-TMP
1:30 Massage w/Aida - ACT
3:00 Jean's Story-Telling - TMP
5:30 Movie/TV Show - TV

17
10:00 TV Japan: Talk Show - TV
11:00 Exercise w/Res Asst.-TMP
2:00 MeTV: Bonanza - TV
3:00 Piano Pleasures w/Cecilia - TMP
5:30 Movie/TV Show

18
10:00 SPCA Visit - LOB
11:00 Exercise w/Resident Asst-TMP
12:30 TV Jp: Sumo Tournament - TV
2:00 Stay-Tuned w/Jimmy - LOB
3:00 Balloon Fun - LOB
5:30 Movie/TV Show - TV

19
9:30 Calligraphy w/Emiko - TEA
11:00 Arm-Chair Aerobics w/Kaeko - TMP
2:00 Dowa Doyo w/Noriko - TMP
3:00 Black Jack w/Claire - TEA
5:30 Movie/TV Show - TV

20
9:45 Tai Chi w/Gail- ACT
11:00 Rajio Taiso/Exercise - TMP
2:00 Bingo Bonanza - TEA
3:00 Coloring - TEA
5:30 Movie /TV Show - TV

21
10:00 Coloring - TEA
10:30 Monthly Bus Outing
11:00 Dynamic Balance & Active Stability w/Dick - TMP
1:30 Sing-along w/Peko-chan -TMP
3:00 Animal of the Month - TEA
5:30 Movie/TV Show - TV

22
10:00 Garden Club - TV
11:00 Stretch Bands w/Dick - TMP
1:00 Tea Ceremony w/Sunny - ACT
2:30 Kagoshima University Student Visit - TEA
5:30 Movie/TV Show - TV

23
10:00 Carpet Bowling - ACT
11:00 Strength Train w/Dick-TMP
1:00 Manicure w/Emiko - TEA
2:00 Resident Care Meeting w/Naoko - TEA
3:00 Coloring - TEA
5:30 Movie/TV Show - TV

24
10:00 TV Japan: Talk Show- TV
11:00 Exercise w/Res Asst.-TMP
1:30 Minyo & Shamisen - TMP
3:00 Balloon Fun- LOB
5:30 Movie/TV Show - TV

25
10:00 SPCA Visit - TV
11:00 Exercise w/Resident Asst-TMP
2:00 DVD Request - TV
3:00 Balloon Fun - LOB
5:30 Movie/TV Show - TV

26
9:30 Calligraphy w/Emiko - TEA
11:00 Senior Fitness - TMP
2:00 Dowa Doyo w/Noriko - TMP
3:00 Sketch w/Sara - TEA
5:30 Movie/TV Show - TV

27
9:45 Tai Chi w/Gail- ACT
11:00 Rajio Taiso/Exercise - TMP
2:00 Bingo Bonanza - TEA
3:00 Calendar Making - TEA
5:30 Movie /TV Show - TV

28
10:00 Coloring - TEA
11:00 Dynamic Balance & Active Stability w/Dick - TMP
1:30 Sing-along w/Peko-chan-TMP
3:00 Chikako's Charmings - TEA
5:30 Movie/TV Show - TV

MEMO:



Daily Escorted Walks
9:00AM & 1:30PM

Catholic Communion
w/Sister Elaine
of St. Mary's Cathedral
Thurs at 1:30pm - TMP
All are welcome!

Location Key:
TEA - Tea Area (4th Fl.)
ACT - Activity Area (4th Fl.)
CYD - Courtyard
TMP - Temple/Dining
LOB - Lobby

NOTE:
ACTIVITIES
ARE SUBJECT
TO CHANGE

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