A successful cash-out, and it all began with a Beautiful AND Nutritious bento lunch from Chef Taka! Kimie says, “Don’t Forget Dessert!”
Sunday
9:30 Calligraphy w/ Emiko - TEA
11:15 Arm-Chair Aerobics w/ Kaeko
10:00 Food/ Housekeeping Mtg - ACT
2:00 Down & Doyo w/ Noriko - TMP
3:00 Sketch w/ Sara - TEA
5:30 Movie/ TV Show - TV

Monday
9:00 SPCA Visit
10:00 Nodojiman - TV
11:00 Exercise w/ Resident Asst-TMP
1:30 DVD Mattinee - TV
3:00 Ball Fun - LOB
5:30 Movie/ TV Show - TV

Tuesday
9:45 Tai Chi w/ Gail - ACT
11:00 Yoga w/ Robin - TMP
2:00 Bingo Bonanza - TEA
3:00 Coloring - TEA
5:30 Movie/ TV Show - TV

Wednesday
9:30 Knitting - TEA
11:00 Dynamic Balance & Active Stability w/ Dick - TMP
1:30 Sing-along w/ Peko-chan - TMP
3:00 Animal of the Month - TEA
5:30 Movie/ TV Show - TV

Thursday
* Independence Day*
9:15 Catholic Service - TEA
10:00 Brain Game - TEA
11:00 Stretch Bands w/ Dick - TMP
2:00 Tom’s Piano CABARET - TMP
3:00 Coloring - TEA
5:30 Movie/ TV Show - TV

Friday
10:00 Carpet Bowling - ACT
11:00 Strength Train w/ Dick - TMP
2:00 Coloring - TEA
3:00 Activity Meeting - TEA
5:30 Movie/ TV Show - TV

Saturday
10:00 TV Japan: Talk Show - TV
11:00 Exercise w/ Res Asst-TMP
2:00 News & Taiga Drama - TV
3:00 Balloon Fun - LOB
5:30 Movie/ TV Show - TV

7
* Star Festival: せつ*
10:00 Nodojiman - TV
11:00 Exercise w/ Resident Asst - TMP
1:30 DVD Mattinee - TV
3:00 Ball Fun - LOB
5:30 Movie/ TV Show - TV

8
* Marine Day: はての日*
10:00 Songs of School Days - LOB
11:00 Yoga w/ Robin - TMP
2:00 Bingo Bonanza - TEA
3:00 Calligraphy & Laughter w/ Reverend Kawahatsu - TEA
5:30 Movie/ TV Show - TV

14
10:00 SPCA Visit - LOB
11:00 Exercise w/ Resident Asst - TMP
1:30 DVD Mattinee - TV
3:00 Ball Fun - LOB
5:30 Movie/ TV Show - TV

15
7:00 Nodojiman - TV
11:00 Exercise w/ Resident Asst - TMP
10:30 Monthly Bus Trip
2:00 Stay Tuned w/ Jimmy - LOB
3:00 Ball Fun - LOB
5:30 Movie/ TV Show - TV

28
10:00 Nodojiman - TV
11:00 Exercise w/ Resident Asst - TMP
12:30 DVD Mattinee - TV
12:45 Bon Odori Outing
3:00 Ball Fun - LOB
5:30 Movie/ TV Show - TV

Daily Escorted Walks
9:00AM & 1:30PM

Catholic Communion with Deacon Sandovar
Each Thursday - 9:15am
4th Floor - Tea Area
ALL FAITHS are WELCOME!

Location Key:

7:00 - 8:00PM
This is the best time to reach the church

TEA - Tea Area (4th fl)
ACT - Activity Area (4th fl)
CYP - Courtyard
TEMP - Temple/Dining
LOB - Lobby

NOTE:
ACTIVITIES ARE SUBJECT TO CHANGE

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Winter Cherry Market in Asakusa (7/9~)